

# EPCHS CAFE

## RAIDERS LUNCH MENU

Page 1

Mar 16, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 CHICKEN NOODLE S BOSCO STICKS, rf, hi GREEN BEANS SALAD & DRESSING MANDARIN ORANGE FRUIT, ASSORTED F MILK, VARIETY	Apr - 3 **BEEFY NACHOS SALSA CUP SOUR CREAM SALAD & DRESSING BROCCOLI, raw RANCH DRESSING C DICED PEACHES FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 4 MULTI GRAIN SPAGH MEAT SAUCE PARMESAN CHEESE, WHEAT BREADSTIC VEGGIE OR LETTUC SPINACH APPLESAUCE FRUIT, ASSORTED F MILK, VARIETY	Apr - 5 HAMBURGER ON A B MUSTARD & KETCHU FRENCH FRIES SALAD & DRESSING BAKED BEANS TROPICAL FRUIT FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 6 NO SCHOOL TODAY
Apr - 9 **CHICKEN PATTY O SUNCHIPS SALAD & DRESSING TROPICAL FRUIT FRESH CARROT STI RANCH DRESSING C RAISINS FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 10 **BEEFY NACHOS SALSA CUP SOUR CREAM SALAD & DRESSING BROCCOLI, raw RANCH DRESSING C APPLESAUCE FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 11 MEATBALL SUBS FRENCH FRIES SALAD & DRESSING GOLDEN CORN RAISINS CHILLED FRUIT COC FRUIT, ASSORTED F MILK, VARIETY	Apr - 12 **CHICKEN NUGGET POTATOES, MASHED CHICKEN GRAVY SALAD & DRESSING FRESH CARROT STI RANCH DRESSING C CHILLED PEARS Wonder wheat bread sl MARGARINE FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 13 GODFATHER'S PIZZA SPINACH SALAD & DRESSING RICE KRISPY TREAT PEACHES FRUIT, ASSORTED F FRUIT JUICE, ASSOR MILK, VARIETY, PRAIR
Apr - 16 **CHICKEN TENDER BOSCO STICKS, rf, hi MARINARA SAUCE SALAD & DRESSING SPINACH FRUIT FLUFF FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 17 **BEEFY NACHOS SALSA CUP SOUR CREAM SALAD & DRESSING BROCCOLI, raw RANCH DRESSING C APPLESAUCE MEXICAN RICE MILK, VARIETY, PRAIR	Apr - 18 CHILI DOG /BUN MUSTARD & KETCHU CHEETOS, crunchy SALAD & DRESSING FRESH CARROT STI RANCH DRESSING C MANDARIN ORANGE MILK, VARIETY, PRAIR	Apr - 19 CHEESEBURGER/BU MUSTARD & KETCHU FRENCH FRIES BAKED BEANS SALAD & DRESSING FRESH CARROT STI RANCH DRESSING C CHILLED PEARS FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 20 TONY'S PIZZA DAY! SALAD & DRESSING CORN PEACHES FRUIT, ASSORTED F FRUIT JUICE, ASSOR CHOCOLATE CAKE MILK, VARIETY, PRAIR
Apr - 23 CORN DOG MINI BRA MUSTARD & KETCHU POTATO PUFFS SALAD & DRESSING SPINACH PEARS FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 24 COOK'S CHOICE	Apr - 25 COOK'S CHOICE	Apr - 26 **CHICKEN NUGGET POTATOES, MASHED CHICKEN GRAVY SALAD & DRESSING FRESH CARROT STI RANCH DRESSING C MANDARIN ORANGE Wonder wheat bread sl MARGARINE FRUIT, ASSORTED F MILK, VARIETY, PRAIR	Apr - 27 GODFATHER'S PIZZA SPINACH SALAD & DRESSING CHOCOLATE PUDDI RAISINS FRUIT, ASSORTED F FRUIT JUICE, ASSOR MILK, VARIETY, PRAIR
Apr - 30 CHEF BOYARDEE BE WHEAT BREADSTIC SALAD & DRESSING CHOCOLATE PUDDI RAISINS CARROTS MANDARIN ORANGE FRUIT, ASSORTED F MILK, VARIETY, PRAIR				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Page 2

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ALL MENUS ARE SUBJECT TO CHANGE

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